



# Eagle Express

SCHOOL WEEKLY NEWSLETTER

Phone: 413-423-3326

<http://www.erving.com>

SPRING FORWARD EDITION

ERVING, MA

MARCH 8, 2024



## **Sunday, March 10**

Spring your clocks ahead  
one hour

## **Sunday, March 10**

CNC Playgroup  
10:00-11:30 am

## **Wednesday, March 13**

School Council meeting  
11:30 am

## **Wednesday, March 20**

Savings Makes "Cents"

## **Friday, March 22**

Curriculum Day  
**NO SCHOOL**

## **Mon-Fri, March 25-29**

Scholastic Book Fair

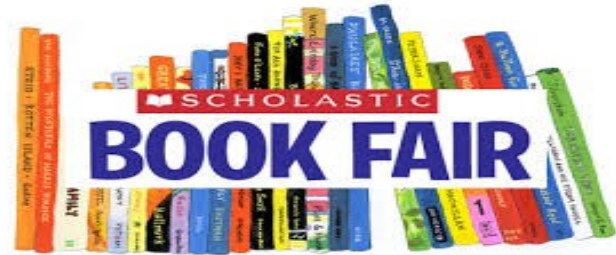
## **Tues/Wed/Thurs**

## **March 26, 27, 28**

Parent/Teacher  
Conferences  
1:15 pm dismissals

## **Monday, April 1**

MCAS season starts  
Grade 3-6



We are hosting a Scholastic Book Fair in the library during the week of March 25-29th (the week of Parent /Teacher Conferences).

The link to the book fair homepage is:

<https://www.scholastic.com/bf/ervingelementary>

Of note, parents can put money in an account, so that students don't need to keep track of cash.

It's a great time for some new books!

Please remember to set your clocks **AHEAD one hour** on **Sunday, March 10**



# THE CODE OF HAMMURABI

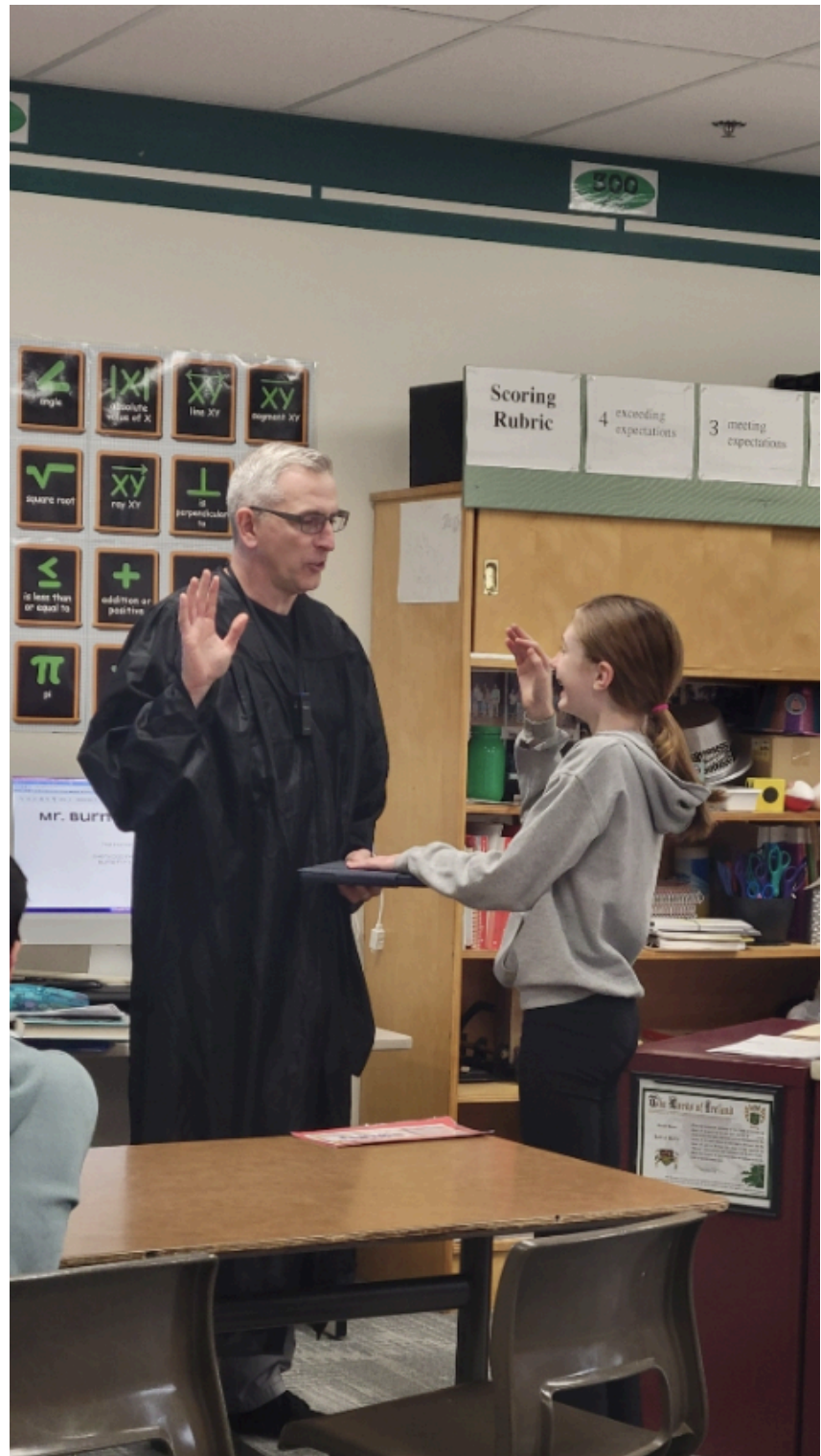
Do you know when and where the first laws of society were created? Sixth-graders do, especially now after studying it and participating in their own court cases. In Ancient Mesopotamia, during the Babylonian Civilization, there was a ruler named King Hammurabi who created a set of 282 laws, known as The Code of Hammurabi. Punishment for crimes back then was extremely harsh!

After learning about Hammurabi, students then took part in Mr. Burnett's Court and tried cases before the wizened and extremely well-respected jurist himself, the Honorable Mr. Sherwood Thannasis Burnett.

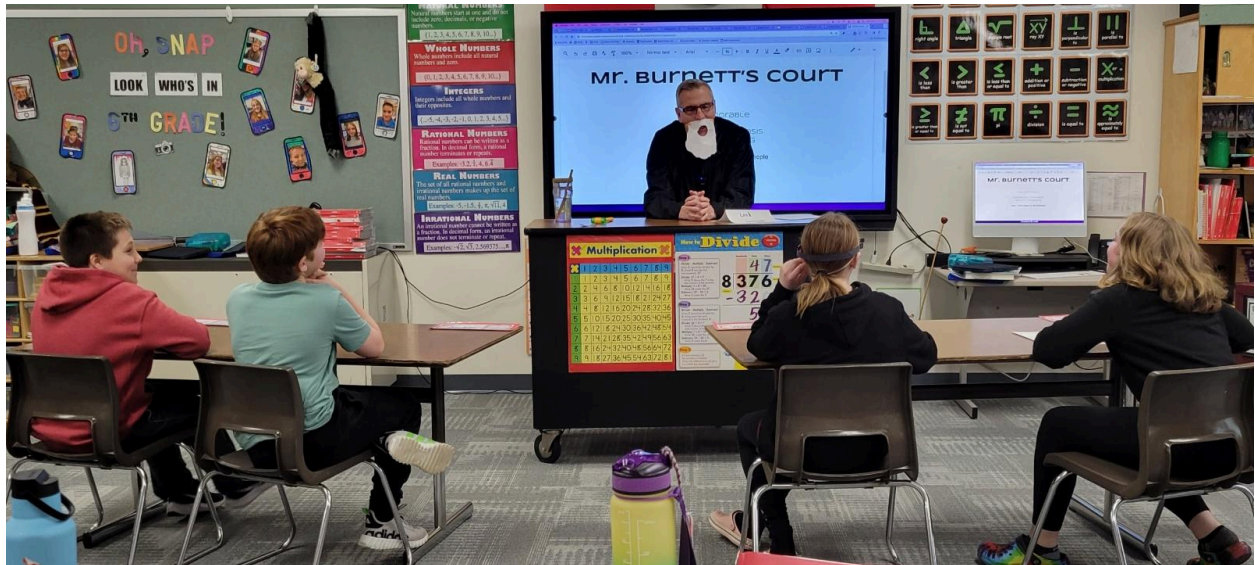




Here, Maggie is being sworn in before giving her testimony. She was a strong witness, and her testimony helped her prove her case!



The judge has aged a bit. 🙄



Deliberating the case.





# Accelerated Reading Induction Ceremony



Recently, the 5th and 6th grade classrooms assembled in the well to celebrate the induction of nine students into the Accelerated Reader (AR) 25 Point Club and beyond!

Students gain points by reading books, both for school and independently, and then take an AR quiz to show their knowledge of the book, resulting in points gained. These students have taken it upon themselves to make reading a priority in their lives. We look forward to having many more students join the club.

Let's hear it for: Sigurd, Janessa, Kaleb, Anna, Nate, Maggie, Darcie, Maria, and Max.





## Northampton Area Pediatrics Parenting Workshop

### Cultivating a Peaceful Table: Building Positive Food Relationships

with Amanda Mittman, MS, RDN, LDN and Heidi Karner, MS, RDN, LDN from Happy Valley Nutrition, PC

In this presentation, Registered Dietitians Amanda Mittman and Heidi Karner will talk about feeding your child through the life stages with the goal of helping both you and your child foster a positive relationship with food. In addition, they will touch on implementing the Satter Division of Responsibility, how to recognize disordered eating, and common questions that parents ask about feeding their children.

**Amanda Mittman, MS, RDN, LDN** is a Registered Dietitian, Certified Intuitive Eating Counselor, and Body Image coach. She is the founder of Happy Valley Nutrition, Pioneer Valley's ONLY group practice of weight inclusive, fat-positive, Health at Every Size-aligned dietitians supporting people of all ages to heal their relationship with food and their body. Amanda is a frequent speaker to health practices and other groups on the topics of weight stigma, weight inclusive care, body image, and Intuitive Eating. She is also a visiting lecturer of nutrition at the University of Massachusetts and Asnuntuck Community College.

**Heidi Karner, MS, LDN, RDN** is Lead Clinical Dietitian and Diabetes Educator at Happy Valley Nutrition. With a Master's in Health Promotion and a Certificate of Health Psychology from the University of Connecticut, Heidi practices through a non-diet, size-inclusive lens. She feels passionate about supporting her clients in nourishing their bodies without sacrificing their mental well-being and enjoyment of food through a compassionate eating framework rooted in self-care - Intuitive Eating. Her work with clients centers around body respect and making peace with food.

**Sunday, March 10**

**4:00 p.m. to 5:30 p.m.**

**Zoom Meeting ID: 882 4659 1829**

**Questions? [contactus@napeds.com](mailto:contactus@napeds.com)**





### Information about the April 8, 2024 Eclipse

A total solar eclipse will be visible from many parts of the US on April 8, 2024. While no location in Massachusetts will experience totality, some parts of the state will see over 95% coverage of the sun if weather permits. The eclipse will begin shortly after 2 PM ET and will last about 2 and a half hours until about 4:30 PM ET.

For more information see the DESE page [Resources for the April 8, 2024 Total Solar Eclipse - Science, Technology/Engineering, and Mathematics \(STEM\).](#)

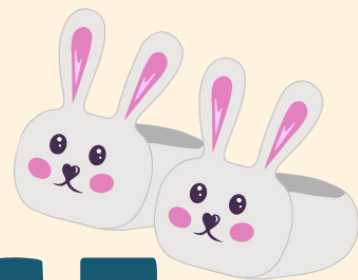
The eclipse may overlap with dismissal for many Massachusetts schools. Preparation to safely view the eclipse is recommended! Please instruct students not to look directly at the eclipse without proper eye protection.

THINK  
**EYE  
SAFETY**



DURING A  
**SOLAR  
ECLIPSE**

ERVING PUBLIC LIBRARY  
2 CARE DRIVE, OFF ROUTE 63, ERVING, MA 01344



# PJ STORY TIME

WITH U28 COMMUNITY NETWORK FOR CHILDREN

March 14  
6-6:45 pm

Last session for the season:

## Teddy Bear Picnic

Registration  
requested for  
planning  
purposes



Use QR Code to Register or  
<https://form.jotform.com/231995324350154>



Come join us in your favorite pajamas for an evening  
story time after the library closes!  
Young children and their families are welcome!  
Story themed-activities sponsored by CNC.



Contact the Erving Public Library or  
CNC at [budine@erving.com](mailto:budine@erving.com) with any questions



THE UNION #28 COMMUNITY NETWORK FOR CHILDREN PROGRAM IS FUNDED BY THE COORDINATED FAMILY AND COMMUNITY ENGAGEMENT (CFCE) GRANT AWARDED TO THE UNION #28 SCHOOLS BY THE MASSACHUSETTS DEPARTMENT OF EARLY EDUCATION AND CARE, AND DONATIONS FROM THE COMMUNITY.



ERVING PUBLIC LIBRARY

# All-Abilities Social

## DESIGN-YOUR-OWN-CUPCAKE



**EVERYONE!**  
*is welcome here!*



**RSVP REQUIRED**  
**Food Provided**

Be sure to let the library know if you have special food needs.

**MONDAY**  
**MAR. 25**  
**11AM-1PM**  
25 SPOTS

&

**TUESDAY**  
**MAR. 26**  
**4-6PM**  
25 SPOTS

These activities are made possible by the LTC Access Grant.  
Libraries Transforming Communities: Accessible Small and Rural Communities  
is an initiative of the American Library Association (ALA) in collaboration with  
the Association for Rural & Small Libraries (ARSL).

2 CARE DR., OFF RT. 63, ERVING, MA 01344  
ERVING-MA.GOV/LIBRARY (413) 423-3348